

8 STEPS IN RESPONDING TO A FALL

FIRST 24 HOURS

- 1 Evaluate and Monitor Resident
- 2 Investigate Circumstances
- 3 Record Circumstances, Resident Outcome and Staff Response
- 4 Fax Alert to Primary Care Provider

1 - 7 DAYS

- 5 Immediate Intervention
- 6 Falls Assessment
- 7 Care Plan Development

1 - 6 MONTHS

- 8 Monitor Implementation and Resident Response

WHOLE HOME FALL PREVENTION TASK FORCE

presented
by



8 STEPS IN RESPONDING TO A FALL

1 Evaluate and Monitor Resident

Increase monitor for 72 hours after fall

2 Investigate Circumstances

Non-blaming to frontline staff to collect data

3 Record Circumstances, Resident and Staff Response

TRIPS Tracking Record of Improving Patient Safety

4 Fax Alert to Primary Care Provider

Let physician know of probable risk factors and action being taken

5 Implement Immediate Intervention

30 - 40% of fallers will fall again unless action is taken

6 Complete Falls Assessment

Medication, hypotension, vision, mobility, behavior

7 Develop Plan of Care

Completed 1-7 days after fall; Fall Intervention Plan

8 Monitor Staff Compliance and Resident Response

Intervention only effective through staff compliance

Adapted from: Fall Management Program: A Quality Improvement Initiative for Nursing Facilities.

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